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Vancouver's Top Power Lunch Spots

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When conducting business over lunch, choosing the right setting is critical. The venue must have a particular ambience, polished servers and top-notch food. Whether you're planning a casual business meet-up or an intense strategy session, here are our picks for **Vancouver's** best power lunch spots.



La Pentola della Quercia

The hip Four-Star **Opus Hotel Vancouver** finally has a restaurant where the food is as exciting as the lodging's vibrantly colored guest rooms. In a bright window-lined space, La Pentola serves up innovative takes on traditional Italian fare to the film industry types and fashionistas who frequent the stylish Yaletown neighborhood. At lunch, go light with a

salumi board or a puffy Parmesan soufflé, try a bowl of the housemade pastas (perhaps linguine with clams or polenta gnocchi served with mushrooms), or tuck into more substantial plates, such as braised lamb shank or duck confit. For a sweet-tart start to the rest of your afternoon, save room for the popular lemon-cream dessert.

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